
Meg Rentschler, MS

Professional Certified Coach



Meg Rentschler is an International Coach Federation Professional Certified Coach dedicated to assisting management teams in maximizing the potential of individuals within their organizations. Meg graduated with her Master of Social Work from the University of Michigan and earned her Bachelor of Science from Michigan State University. She holds a Graduate Certificate in Executive and Professional Coaching from the University of Texas at Dallas and is a member in good standing of the International Coach Federation. She is currently on faculty at the University of Texas at Dallas in the Graduate Program for Executive and Professional Coaching and has served on the Board for the International Coach Federation-North Texas Chapter.

Meg's work with executives focuses on fine tuning goals and aligning the individual's goals with that of the organization as well as increasing insight, leadership skills and work-life balance. Using a solution-focused approach in her work with individuals and teams, Meg helps management to identify goals and desired outcomes, maximizing inherent strengths within their teams and organizations, as well as addressing the challenges at hand. With over 24 years in the mental health field, Meg also has the experience to improve relationship dynamics in the workplace. Her knowledge of human behavior and her ability to work with individuals with a myriad of issues has proven invaluable for the companies with whom she works.

Additionally, Meg has extensive experience in working with executive and management teams in the worst of times. In her capacity as a Certified Critical Incident responder, she has intervened to re-establish stability and function following traumatic events in the workplace. Since beginning this work in 1992, she has responded to over 200 critical incidents, including but not limited to the trauma caused by accidents and deaths in the workplace, robbery, economic downsizing and natural disasters.

Meg is a Certified Winslow Business consultant, using this assessment for selection and development of employees, managers and executives within business. NASA's 4D-team of how to turn underachieving teams into highly productive, collaborative teams by focusing on 4 dimensions of team dynamics is one of many systems that she uses when strengthening teams.

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